

Torrance Herald

Published Every Tuesday and Friday by
THE LOMITA-TORRANCE PUBLISHING CO.
 Torrance, California

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 GROVER C. WHYTE, Business Manager

Subscription Rates in Advance
 Anywhere in Los Angeles County.....\$3.00 per year
 Anywhere in U. S. A. outside of Los Angeles County.....\$4.00 per year
 Canada and Other Foreign Countries.....\$6.00 per year
 Single Copies.....5c

Published semi-weekly at Torrance, California, and entered as second-class matter January 30, 1914, at the postoffice at Torrance, California, under the Act of March 3, 1879.

OFFICIAL PAPER OF THE CITY OF TORRANCE

TALKS BY THOSE WHO THINK

CALLING attention to the crimes of Nathan Leopold Jr. and Richard Loeb, charged with blood-lust murder, Dr. Llewellyn Barker, professor of clinical medicine at Johns Hopkins University, in a recent address pleaded for an awakening of the public mind to the prevalence of mental disorders and need for wide-spread educational efforts toward prevention, as against current public satisfaction with institutional systems of incarceration and treatment. He drew a startling picture of the mental health of the United States.

"If the public could be accurately informed," he said, "of the prevalence of abnormal thought, feeling and behavior in the United States, such indifference as now exists regarding prevention would become inconceivable. If the public fully realized how much insanity, mental deficiency, criminality and incapacity for social effectiveness actually exists, and how easily much of these could be prevented by the adoption of wise measures that are practicable, even in the present state of knowledge, one cannot but feel that apathy would be displaced by activity and that a vigorous prophylactic campaign through education and legislation would be peremptorily demanded."

Discussing the relation of precocity to abnormality and the necessity for supervision of the mental health of students in schools and colleges, Dr. Barker cited the case of the Chicago youths as an example.

"It is a matter for the gravest consideration," he said, "through ill-regulated immigration on the one hand and through the relatively insufficient fertility of the mentally superior stocks on the other, that the general level of intelligence and character in the United States is bound to fall unless we take the necessary steps to prevent it."

"As race-hygenists with biological training and understanding have made clear to us, the decay of a people composed of a mixture of superior and inferior stocks can be combated either by diminishing the fertility of those who are below average capacity or by increasing the fertility of those above the average capacity. Of the two methods the latter is probably of far greater importance than the former, but the task of devising methods by which the capable can be induced to become adequately fertile is not an easy one."

"The future of the American people has already been definitely jeopardized in the past by the importation of large numbers of slaves of the colored race; by the admission of hordes of derivatives of inferior hereditary stocks through lack of effective supervision, and other legislative policies that favor the proletarianization of the population rather than the improvement of its innate endowments. Many of these errors can never be retrieved, but corrective measures should wherever possible be employed in order to prevent the extinction of the best constituents of our mixture of racial stocks."

WHO'S WHO IN THE NEWS

FRED W. UPHAM of Chicago, treasurer of the Republican national committee for six years, who resigned his post as the Republican forces gathered in Cleveland, quit because his wife wanted him to. He didn't want to himself, his close friends say, but his wife persuaded him that his health had suffered enough to warrant it. Mrs. Upham accompanied him to the national convention. Last winter Mr. Upham went to the southwest and the Pacific coast, returning in much better physical condition. A recent examination by physicians had been reassuring. But Mrs. Upham urged him to relinquish some of his burden. He is the head of the Consumers Company, one of the large corporations of the country.

For twenty years Mr. Upham has been the financial genius of the Republican national committee by reason of his chairmanship of the Chicago convention committee, which made arrangements for the five national conventions held there. He became treasurer of the national committee in 1918.

In 1904, the first year the convention was held in Chicago, the arrangements cost \$70,000. In 1916 the cost was \$110,000, and in 1920 the expense had increased to more than \$150,000.

Mr. Upham's interest in national politics never has waned in thirty-two years. He has been a delegate to the national convention a number of times, first in 1892 from Wisconsin. He was western treasurer of the national committee in the Taft campaign in 1908 and again in the Hughes campaign of 1916. The only elective offices he held were those of member of the Cook county board of tax reviewers for fourteen years, and Chicago alderman.

TEACHING JIM

A zealous church member in a Kentucky village made an earnest effort to convert a particularly vicious old mountaineer named Jim, who was locally notorious for his godlessness. But the old man was hard-headed and stubborn, firmly rooted in his evil course, so that he resisted the pious efforts in his behalf.

"Jim," the exhorter questioned sadly at last, "ain't you teched by the story of the Lord what died to save yer soul?"

"Humph!" Jim retorted contemptuously. "Air ye aimin' to tell me the Lord died to save me, when He ain't never seed me, ner knowed me?"

"Jim," the missionary explained with fervor, "it was a darn sight easier for the Lord to die fer ye jest because He never seed ye than if He knowed ye as well as we-all do!"

HOW'S YOUR HEALTH?

By Dr. W. F. Thompson

Our chauffeur's gone—
 Left no address.
 He tried to beat
 The fast express.

The three ages of man: Oat-age, goat-age, and dotage.

High blood pressure is merely a symptom. It's the cause that gives concern.

You may look, for the summer,
 Your house if you will;
 But the hand of the meter
 Will register still.

The average man isn't interested in "vacational typhoid" until his neighbor brings it home to him.

may may not get a kick out of mowing your vacant lot, but you'll get a kick out of the neighbors if you don't mow it.

Establishing a boys' camp without a preliminary sanitary survey is not a safe way to establish a boys' camp.

So you think you're finer clay,
 Shared by the favored few?
 It's just old Nature's favorite way
 Of coyly "kidding" you.

When we leave the modern sanitary conveniences of our homes for the primitive forest we are apt to create conditions which favor the destruction of our then defenseless selves.

Psychologists who have analyzed a great number of conversations find that women talk about men and clothes, that men talk about business and sports, and that neither talk about health.

Thin, cool linen,
 Electric fan;
 You'll keep cool
 If any man can.

The redder the blood the bluer the doctor.

The skin we love to touch is usually Dad's buckskin purse.

And soon we'll celebrate with toy pistols and tetanus antitoxin.

A whole lot of people
 Can't understand why
 There's so much aversion
 To the common house fly.

Some live to dress, some to eat, and some for the good of the doctor.

The sunburn you get in your garden and the one you get from a

quartz lamp, at so much per burn, are therapeutically the same.

The good die young, and lots of young folks think they are good drivers.

Activity is the sign of good health; apathy is often the symptom of disease.

I remember last winter,
 With the ice and the snow,
 When the mercury tumbled
 To something below,
 I cursed the old furnace
 And the coal that we got;
 But now it is summer
 And—Geel! ain't it hot?

True first aid work is not in the proper application of a bandage, but in the prevention of the accident.

BOTH HAPPY

Sandy McPherson came home after many years, and met his old sweetheart. Honey-laden memories thrilled through the twilight and flushed their glowing cheeks.

"Ah, Mary," exclaimed Sandy, "ye're just as beautiful as ye ever were, and I ha'e never forgotten ye, my bonnie lass."
 "And ye, Sandy," she cried, while her blue eyes moistened, "are just as big a leear as ever, an' I believe ye jist the same."

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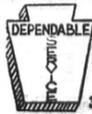
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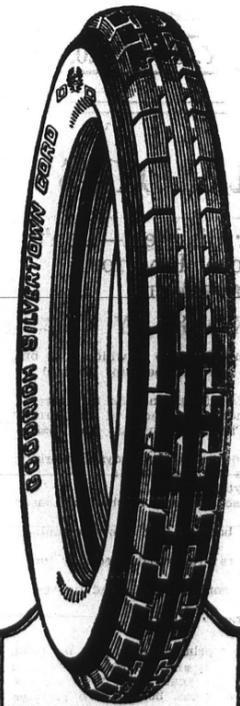
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